










Living Wage in THOMPSON 2023

\$17.48 per hour

A Bare Bones Budget

The 2023 Living Wage in Thompson is **\$31,901** annually for each parent working full-time — for a two parent, two child household.

It covers the following basic expenditures per month:

 SHELTER: \$1,255	 FOOD: \$990	 CHILD CARE: \$413
 TRANSPORTATION: \$579	 CONTINGENCY FUND: \$204	 PRIVATE HEALTH INSURANCE: \$206
 CLOTHING & FOOTWEAR: \$236	 PHONE, INTERNET & HOUSEHOLD EXPENSES: \$1,450	 PARENTS' EDUCATION: \$166

The living wage does not cover:

-  Credit card, loan, or other debt/interest payments.
-  Anything beyond minimal recreation, entertainment, or holiday costs.
-  Saving for retirement.
-  Costs of caring for a disabled, seriously ill, or elderly family member.
-  Owning a home.
-  Much of a cushion for emergencies or tough times.
-  Savings for children's future education.

The living wage calculation is based on the needs of two-parent families with young children, but would also support a mix of family types throughout the life cycle so that young adults are not discouraged from having children and older workers have some extra income as they age.

More info: Living Wage for Families Manitoba Update 2023 (www.policyalternatives.ca/manitoba)